

OALC and OEC Lunch Menu

December 2017

Menu subject to change without notice.

LUNCH PRICES

Elem. Student "Paid"\$ 2.85
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk.....\$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 No School Today
4 Chicken Tenders OR Fish Nuggets OR Salad/ Sandwich Whipped Potatoes Low Fat Gravy School Made Dinner Roll Sweet Peas	5 Asian Chicken OR Hot Turkey Ham and Cheese Sandwich OR Salad/ Sandwich Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables	6 Italian Dunkers OR Corn Dog OR Salad/ Sandwich Chipotle Caesar Cauliflower Salad Romaine Lettuce Salad	7 Beef or Chicken Taco Salad OR Cheese Pizza OR Salad/ Sandwich Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	8 BBQ Pork Sandwich * OR Grilled Chicken Sandwich OR Salad/ Sandwich Sweet Potato Fries Creamy Cole Slaw
11 Chicken Patty on a Bun OR Corn Dog OR Salad/ Sandwich Potato Crunch Broccoli Scalloped Potatoes	12 Brunch for Lunch OR Hot Turkey Ham and Cheese OR Salad/ Sandwich Oven Baked Tri Tators Roasted Carrots	13 Popcorn Chicken Or Shrimp Poppers OR Macaroni and Cheese OR Salad/ Sandwich Garlic Breadstick <i>Vegetable of the Month: Savory Green Beans and Onions</i>	14 Beef or Chicken Taco OR Cheese Pizza OR Salad/ Sandwich Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	15 Grilled Chicken Sandwich OR Fish Sandwich OR Salad/ Sandwich Oven Baked Fries Roasted Brussels Sprouts School Made Cookie #
18 Chicken Tender Wrap OR Beef Rib-B-Que OR Salad/ Sandwich Sweet Potato Fries Roasted Cauliflower	19 Asian Chicken OR Shredded Pork * OR Salad/ Sandwich Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables Sweet Green Peas	20 Lasagna OR Meatball Sub w/ Marinara OR Salad/ Sandwich Garlic Breadstick Roasted Broccoli Romaine Side Salad	21 Beef or Chicken Taco Salad OR Cheese Pizza OR Salad/ Sandwich Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	22 No School Today



Offered Daily on all Serving Lines:
 Fresh Vegetable Sticks
 Fresh Fruit and Fruit Sauce
 Milk Choice

All Grains/Breads offered are a minimum of 51% Whole Grain.



Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (866) 632-9992 (Voice and TDD). USDA is an equal opportunity provider and employer.

*May contain Pork 
 #May contain nuts or peanut butter 

Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other

Vegetable of the Month: Green Beans
 This month we are featuring Chef Salimatu Butler's West African inspired Savory Green Beans and Onions

