

Middle / High School Breakfast

SEPTEMBER 2019

2	3	4	5	6
Mon	Tue	Wed	Thu	Fri
LABOR DAY	PANCAKES & HASH BROWN BERRIES 100% FRUIT JUICE	BREAKFAST SANDWICH (Chicken Sausage, Egg, and Cheese on an English Muffin) FRUIT 100% FRUIT JUICE	FRITTATA (Turkey Sausage & Cheese) Graham Cracker FRUIT 100% FRUIT JUICE	FRENCH TOAST & CHICKEN SAUSAGE PATTY APPLESAUCE CUP 100% FRUIT JUICE
9 BREAKFAST PIZZA (Turkey sausage and Cheese) YOGURT FRUIT 100% FRUIT JUICE	10 WHOLE GRAIN CINNAMON ROLL BANANA 100% FRUIT JUICE	11 BREAKFAST SANDWICH (Chicken Sausage, Egg, and Cheese on an English Muffin) FRUIT 100% FRUIT JUICE	12 BREAKFAST BURRITO (Chicken Sausage, Egg, and Cheese on Tortilla) FRUIT 100% FRUIT JUICE	13 FRENCH TOAST & HASH BROWN APPLESAUCE CUP 100% FRUIT JUICE
16 BREAKFAST PIZZA (Turkey sausage and Cheese) YOGURT FRUIT 100% FRUIT JUICE	17 PANCAKES & HASH BROWN BERRIES 100% FRUIT JUICE	18 BREAKFAST SANDWICH (Chicken Sausage, Egg, and Cheese on an English Muffin) FRUIT 100% FRUIT JUICE	19 FRITTATA (Turkey Sausage & Cheese) Graham Cracker FRUIT 100% FRUIT JUICE	20 FRENCH TOAST & CHICKEN SAUSAGE PATTY APPLESAUCE CUP 100% FRUIT JUICE
23 BREAKFAST PIZZA (Turkey sausage and Cheese) YOGURT FRUIT 100% FRUIT JUICE	24 WHOLE GRAIN CINNAMON ROLL BANANA 100% FRUIT JUICE	25 BREAKFAST SANDWICH (Chicken Sausage, Egg, and Cheese on an English Muffin) FRUIT 100% FRUIT JUICE	26 BREAKFAST BURRITO (Chicken Sausage, Egg, and Cheese on Tortilla) FRUIT 100% FRUIT JUICE	27 FRENCH TOAST & HASH BROWN APPLESAUCE CUP 100% FRUIT JUICE

30 BREAKFAST PIZZA (Turkey sausage and Cheese) YOGURT FRUIT 100% FRUIT JUICE
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ADDITIONAL DAILY

Offered Daily: 1% or Skim Milk

Additional daily cold offerings may include:

- Assorted Cereal
- Cheese Stick, Hard Cooked Egg, Sunflower Seeds, yogurt
- Granola, Snack Bread, Graham Crackers, Bagel, Oatmeal Breakfast Round, Breakfast Bar
- Fruit and Yogurt Parfaits, PB&J Sandwiches, Toaster Pastry
- Mini Cinnamon Rolls, Frudels