

# High School Lunch

# SEPTEMBER 2019

Mon	Tue	Wed	Thu	Fri
<b>2</b> <b>LABOR DAY</b>	<b>3</b> CHICKEN AND GRAVY INTERNATIONAL CUISINE <b>PENNE ALFREDO W/ ITALIAN CHICKEN SAUSAGE BREADSTICK</b> <b>GRILL LINE</b> Mashed Potatoes California Blend Vegetables Apple <b>SALAD BAR</b>	<b>4</b> CHICKEN TENDERS School Made Dinner Roll INTERNATIONAL CUISINE <b>CHEESE OR TURKEY PEPPERONI PIZZA</b> <b>GRILL LINE</b> Mashed Potatoes w/ Gravy Honeydew <b>SALAD BAR</b>	<b>5</b> "THE WHALER" FISH SANDWICH INTERNATIONAL CUISINE <b>ROTINI AND BEEF MEATBALLS IN MARINARA SAUCE BREADSTICK</b> <b>GRILL LINE</b> Roasted Broccoli Pineapple <b>SALAD BAR</b>	<b>6</b> BEEF PHILLY STEAK SANDWICH INTERNATIONAL CUISINE <b>PENNE ALFREDO W/ CHICKEN AND BREADSTICK</b> <b>GRILL LINE</b> Baked Sweet Potato Fries Grapes <b>SALAD BAR</b>
<b>9</b> FISH TACOS Cilantro Lime Slaw INTERNATIONAL CUISINE <b>ORANGE CHICKEN FRIED RICE</b> <b>GRILL LINE</b> Ginger Stir Fry Vegetables Kiwi <b>SALAD BAR</b>	<b>10</b> CHICKEN SANDWICH INTERNATIONAL CUISINE <b>KUNG PAO CHICKEN VEGETABLE EGG ROLL RICE</b> <b>GRILL LINE</b> Roasted Cauliflower w/ Soy Sauce Apple <b>SALAD BAR</b>	<b>11</b> "BRUNCH FOR LUNCH" French Toast Chicken Sausage INTERNATIONAL CUISINE <b>GENERAL TSO CHICKEN FRIED RICE</b> <b>GRILL LINE</b> Hash Brown Patty Cantaloupe <b>SALAD BAR</b>	<b>12</b> CHICKEN CAESAR SALAD Breadstick INTERNATIONAL CUISINE <b>KOREAN BBQ BEEF VEGETABLE EGG ROLL RICE</b> <b>GRILL LINE</b> Roasted Sweet Potatoes Strawberries <b>SALAD BAR</b> School Made Chocolate Chip Cookie	<b>13</b> PIZZA Choice of - Cheese or Turkey Pepperoni INTERNATIONAL CUISINE <b>SWEET AND SOUR CHICKEN FRIED RICE</b> <b>GRILL LINE</b> Buttered Corn Oranges <b>SALAD BAR</b>
<b>16</b> MACARONI AND CHEESE CHIPOTLE PULLED PORK INTERNATIONAL CUISINE <b>BEEF OR REFRIED BEAN TACO SOUTHWEST RICE</b> <b>GRILL LINE</b> Potato Crunch Broccoli Grapes <b>SALAD BAR</b>	<b>17</b> BEEF MEATBALL SUB INTERNATIONAL CUISINE <b>CHICKEN OR SOUTHWEST BEAN BURRITO BOWL CILANTRO LIME RICE</b> <b>GRILL LINE</b> Oven Baked Fries Orange <b>SALAD BAR</b>	<b>18</b> BREADED CHICKEN DRUMSTICK School Made Dinner Roll INTERNATIONAL CUISINE <b>CHEESE TAMALE REFRIED BEANS SOUTHWEST RICE</b> <b>GRILL LINE</b> Mashed Potatoes and Gravy Cantaloupe <b>SALAD BAR</b>	<b>19</b> BEEF BBQ RIB SANDWICH INTERNATIONAL CUISINE <b>CHICKEN OR REFRIED BEAN TACO SOUTHWEST RICE</b> <b>GRILL LINE</b> Savory Green Beans and Onions Watermelon <b>SALAD BAR</b>	<b>20</b> ITALIAN DUNKER Cheese Bread and Marinara Sauce INTERNATIONAL CUISINE <b>BEEF OR SOUTHWEST BEAN BURRITO BOWL CILANTRO LIME RICE</b> <b>GRILL LINE</b> Honey Roasted Carrots Apple <b>SALAD BAR</b>
<b>23</b> BEEF AND GRAVY School Made Dinner Roll INTERNATIONAL CUISINE <b>PENNE ALFREDO W/ ITALIAN CHICKEN SAUSAGE BREADSTICK</b> <b>GRILL LINE</b> California Blend Vegetables Apple <b>SALAD BAR</b>	<b>24</b> BBQ PULLED PORK SANDWICH INTERNATIONAL CUISINE <b>ROTINI AND BEEF MEAT SAUCE BREADSTICK</b> <b>GRILL LINE</b> Roasted Zucchini w/ herbs Orange <b>SALAD BAR</b>	<b>25</b> CHICKEN TENDERS School Made Dinner Roll INTERNATIONAL CUISINE <b>CHEESE OR TURKEY PEPPERONI PIZZA</b> <b>GRILL LINE</b> Mashed Potatoes w/ Gravy Honeydew <b>SALAD BAR</b>	<b>26</b> "THE WHALER" FISH SANDWICH INTERNATIONAL CUISINE <b>ROTINI AND BEEF MEATBALLS IN MARINARA SAUCE BREADSTICK</b> <b>GRILL LINE</b> Roasted Broccoli Pineapple <b>SALAD BAR</b>	<b>27</b> BEEF PHILLY STEAK SANDWICH INTERNATIONAL CUISINE <b>PENNE ALFREDO W/ CHICKEN AND BREADSTICK</b> <b>GRILL LINE</b> Baked Sweet Potato Fries Grapes <b>SALAD BAR</b>
<b>30</b> FISH TACOS Cilantro Lime Slaw INTERNATIONAL CUISINE <b>ORANGE CHICKEN FRIED RICE</b> <b>GRILL LINE</b> Ginger Stir Fry Vegetables Kiwi <b>SALAD BAR</b>	<b>OFFERED DAILY</b> <b>Grill Line</b> (Not available at OALC and OEC) with Hamburgers, Black Bean Burgers and Fries. Schools may also offer •Beef Hot Dogs and Grilled Chicken <b>Grab-N-Go Line-</b> Assorted Salads, Sandwiches, and Yogurt Parfaits. •Peanut Butter or Sun Butter and Jelly sandwich with a cheese stick <b>Ala Carte</b> Items will be offered daily at additional cost. <i>This institution is an equal opportunity provider.</i>			