

# Middle School Lunch Menu

## May 2019


### Middle School LUNCH PRICES


Student "Paid" .....	\$ 2.70
Student "Reduced" .....	FREE
Student "Free" .....	FREE
Milk .....	\$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Choice of: Popcorn Chicken Or All American Beef Burger  Sweet Potato Fries Garlic Green Beans	2 Choice of: Turkey N Gravy Or Beef Meatballs N Gravy  School Made Dinner Roll Whipped Potatoes Sweet Peas	3 Choice of: Mandarin Orange Chicken Or Ranchero Pizza  Whole Grain Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables Cucumber Salad
6 Choice of: Chicken Patty on a Bun Regular or Spicy Or Beef Hamburger on a Bun  Sweet Potato Fries Fresh Sandwich Toppings Buffalo Roasted Cauliflower	7 Choice of: Philly Beef Sandwich Or Three Cheese Calzone  Queso Cheese Sauce Roasted Peppers & Onions Vegetarian Baked Beans Savory Green Beans & Onions	8 Choice of: Chicken Tenders Or Pizza Choice  School Made Whole Grain Dinner Roll Low Fat Gravy Whipped Potatoes Mint Sweet Peas	9 Choice of: Beef Or Chicken Walking Taco  Seasoned Brown Rice Fresh Taco Fixings Refried Beans Whole Kernel Corn	10 Choice of: Brunch for Lunch Or Turkey Corn Dog  Oven Baked Tri Tators Turkey Sausage Roasted Carrots  School Made Apple Crisp
13 Choice of: Sweet & Sour Chicken Or Sichuan Chicken  Warm Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables Potato Crunch Broccoli	14 Choice of: Beef Meat Sauce Or Chicken Parmesan  Whole Grain Pasta Whole Grain Garlic Toast Roasted Brussel Sprouts California Blend Vegetables	15 Choice of: Mini Chicken Corn Dogs Or Pizza Choice  School Made Soup Mint Sweet Peas Roasted Squash	16 Choice of: Italian Dunker Cheese Bread Or Chicken Patty on a Bun Regular or Spicy  Marinara Sauce Chipotle Caesar Cauliflower Romaine Lettuce Salad	17 Choice of: Stuffed Crust Pizza Or Fish Tacos w/Tortilla  Garlic Green Beans Vegetarian Baked Beans
20 Choice of: Beef Hamburger on a Bun Or Fish Patty on a Bun  Twister Fries Creamy Coleslaw	21 Choice of: Brunch for Lunch Or Turkey Corn Dog  Oven Baked Tri Tators Turkey Sausage Oven Roasted Carrots	22 Choice of: Chicken Or Pork Fajita  Whole Grain Tortilla Fresh Fajita Fixings Seasoned Brown Rice Black Beans Roasted Peppers & Onions	23 Choice of: Toasted Cheese Sandwich Or Grilled Chicken Sandwich  School Made Tomato Soup Roasted Broccoli Cucumber Salad	24 Choice of: Chicken Tenders Or Personal Size Pizza  School Made Dinner Roll Low Fat Gravy Whipped Potatoes Soy Sauce Roasted Cauliflower

**Entrée Offered Daily:** Salad Bar, Sunbutter or PB & J Sandwiches  
**Sides Offered Daily:** Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

**May 28– June 6 will be Nutrition Manager’s choice. Please call your school if you have questions on the menu for those days.**

\*May contain Pork 

# May contain nuts or peanut butter 

Any school made item could contain any of the above, please check with Kitchen Manager at site.  
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

All Grains/Breads offered are a minimum of 51% Whole Grain



Free and Reduced Meal Applications available online at [www.district279.org/fma](http://www.district279.org/fma) OR may be picked up at any school within District 279 or the District Office.

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*Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.*