

# High School Lunch Menu

## February 2019

### High School LUNCH PRICES

Student "Paid" .....\$ 2.85  
 Student "Reduced" .....FREE  
 Student "Free" .....FREE  
 Milk..... \$.50



Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>1</b>                      Chicken Patty on a Bun                      Regular or Spicy                      Oven Baked Waffle Fries                      Vegetarian Baked Beans</p> <p>BAR: Salad</p>
<p><b>4</b>                      No School</p>	<p><b>5</b>                      Mini Chicken Corn Dogs                      Scalloped Potatoes                      Roasted Carrots                      Whole Kernel Corn</p> <p>BAR: Noodle Bar</p>	<p><b>6</b>                      Popcorn Chicken                      Whipped Potatoes                      Low Fat Poultry Gravy                      School Made Dinner Roll                      Roasted Broccoli</p> <p>BAR: Mexican Bar</p>	<p><b>7</b>                      Fish Patty on a Bun                      Roasted Sweet Potatoes                      Oven Baked Fries                      Coconut Curry Beans</p> <p>BAR: Potato Bar</p>	<p><b>8</b>                      Asian Chicken                      Seasoned Brown Rice                      Warm Garlic Breadstick                      Stir Fry Vegetables                      Honey Roasted Carrots</p> <p>BAR: Hot Dish Bar</p>
<p><b>11</b>                      2 for 1 Beef Hot Dogs                      Vegetarian Chili                      Twister Fries                      Roasted Squash                      Sriracha Beans and Rice</p> <p>BAR: Salad Bar</p>	<p><b>12</b>                      Popcorn Chicken Bowl                      Whipped Potatoes                      Low Fat Gravy                      Whole Kernel Corn                      School Made Dinner Roll</p> <p>BAR: Noodle Bar</p>	<p><b>13</b>                      Beef French Dip Sandwich                      Roasted Peppers/Onions                      Sidewinders Potatoes                      Au Jus/ Cheese Sauce</p> <p>BAR: Mexican Bar</p>	<p><b>14</b>                      Chicken Patty on a Bun                      Oven Baked French Fries                      Roasted Broccoli                      Creamy Cole Slaw</p> <p>BAR: Potato Bar</p>	<p><b>15</b>                      No School</p>
<p><b>18</b>                      No School</p>	<p><b>19</b>                      Chicken Po'Boy Sandwich                      Cilantro Lime Mayo                      Fresh Marinated Cucumbers                      and Carrots                      Oven Baked French Fries</p> <p>BAR: Noodle Bar</p>	<p><b>20</b>                      Beef Meatballs in Gravy                      Whipped Potatoes                      California Blend                      Vegetables                      School Made Dinner Roll</p> <p>BAR: Mexican Bar</p>	<p><b>21</b>                      Chicken and Waffles                      Oven Baked Tri Tators                      Caesar Salad                      Roasted Soy Cauliflower</p> <p>BAR: Potato Bar</p>	<p><b>22</b>                      Chicken Wrap                      Seasoned Brown Rice                      Spicy Black Beans                      Romaine and Spinach Salad</p> <p>BAR: Breakfast Bar</p>
<p><b>25</b>                      Chicken Patty on a Bun                      Oven Baked Waffle Fries                      Vegetarian Baked Beans</p> <p>BAR: Salad Bar</p>	<p><b>26</b>                      Mini Chicken Corn Dogs                      Scalloped Potatoes                      Roasted Carrots                      Whole Kernel Corn</p> <p>BAR: Noodle Bar</p>	<p><b>27</b>                      Popcorn Chicken                      Whipped Potatoes                      Low Fat Gravy                      Roasted Broccoli                      School Made Dinner Roll</p> <p>BAR: Mexican Bar</p>	<p><b>28</b>                      Fish Sandwich                      Oven Baked Waffle Fries                      Roasted Sweet Potatoes</p> <p>BAR: Potato Bar</p>	<p>All Grains/Breads offered are a minimum of 51% Whole Grain</p> 

**Grill Line:** Hamburgers, Chicken, French Fries  
**Grab & Go:** Salads, Sandwiches, and Yogurt Parfaits  
**Sides Offered Daily:** Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

Free and Reduced Meal Applications available online at [www.district279.org/fma](http://www.district279.org/fma) OR may be picked up at any school within District 279

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\* May contain Pork   
 # May contain nuts or peanut butter   
 Any school made item could contain any of the above, please check with Kitchen Manager at site.  
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.