

Elementary Lunch Menu

October 2018

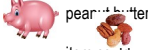
Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Choice of: Mini Corn Dogs Or Cheeseburger Macaroni</p> <p>Sweet Potato Fries Garlic Green Beans</p>	<p>2 Choice of: Popcorn Chicken with School Made Dinner Roll Or Beef Hamburger of a Bun</p> <p>Whipped Potatoes Low Fat Gravy Sweet Green Peas</p>	<p>3 Choice of: Pizza Or Teriyaki Chicken with Seasoned Brown Rice</p> <p>Garlic Breadstick Stir Fry Vegetables</p>	<p>4 Choice of: Beef Walking Taco Or Chicken Walking Taco</p> <p>Bag of Chips Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings</p>	<p>5 Choice of: Italian dunker Cheese Bread w/Marinara Sauce Or Beef Meatball Sub</p> <p>Oven Roasted Carrots School Made Cookie</p>
<p>8 Choice of: Chicken Nuggets with School Made Dinner Roll Or Deli Sandwich</p> <p>Whipped Potatoes Low Fat Gravy Roasted Squash</p>	<p>9 Choice of: Brunch for Lunch Or Chicken Drumstick with Cornbread Muffin</p> <p>Oven Baked Tri Tators Potato Crunch Broccoli</p>	<p>10 Choice of: Chicken Patty on a Bun Or Sloppy Joe on a Bun</p> <p>Oven Baked Twister Fries Roasted Brussel Sprouts</p>	<p>11 Choice of: Hot Ham & Cheese Sandwich Or Beef Rib-B-Que Sandwich</p> <p>School Made Chicken Soup Soy Sauce Roasted Cauliflower</p>	<p>12 Choice of: Beef Hotdog on a Bun Or Macaroni and Cheese</p> <p>Vegetarian Baked Beans Sliced Apples w/Cinnamon</p>
<p>15 Choice of: Mini Corn Dogs Or Cheeseburger on a Bun</p> <p>Oven Baked Fries Vegetarian Calico Beans</p>	<p>16 Choice of: Pulled BBQ Pork Sandwich Or Mozzarella Cheese Sticks w/ Marinara Sauce</p> <p>Sweet Potato Fries Creamy Coleslaw</p>	<p>17 Choice of: Orange Chicken with Seasoned Brown Rice Or Pizza</p> <p>Breadstick Stir Fry Vegetables</p>	<p>18 No School</p>	<p>19 No School</p>
<p>22 Choice of: Chicken Tenders Or Beef Meatballs</p> <p>School Made Dinner Roll Whipped Potatoes Low Fat Gravy Garlic Green Beans</p>	<p>23 Choice of: Brunch for Lunch Or Turkey Sandwich</p> <p>Oven Baked Tri Tators Oven Roasted Carrots</p>	<p>24 Choice of: Pasta with Red Meat Sauce Or Chicken Alfredo</p> <p>Garlic Toast California Blend Vegetable</p>	<p>25 Choice of: Loaded Beef Burger Or Pizza</p> <p>Coconut Curry Beans Creamy Coleslaw</p>	<p>26 Choice of: Beef Hotdog on a Bun Or Shrimp Poppers w/Cheese Stick</p> <p>Vegetarian Chili Buffalo Cauliflower</p>
<p>29 Choice of: Mini Corn Dogs Or Cheeseburger Macaroni</p> <p>Sweet Potato Fries Garlic Green Beans</p>	<p>30 Choice of: Popcorn Chicken w/School Made Dinner Roll Or Beef Hamburger on a Bun</p> <p>Whipped Potatoes Low Fat Gravy Sweet Green Peas</p>	<p>31 Choice of: Pizza Or Teriyaki Chicken w/Seasoned Brown Rice</p> <p>Stir Fry Vegetables</p>	<p>Offered Daily: Fresh Vegetables, Fresh Fruit and Fruit Sauce, Salad Bar Milk Choice PBJ or Sunbutter Sandwich</p>	

ELEMENTARY LUNCH PRICES	
Student "Paid"	\$ 2.55
Student "Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any District 279 School or the District 279 Office.

*May contain Pork

#May contain nuts or  pear butter

Any school made item could contain any of the above, please check with Kitchen Manager at site.

Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other

All Grains/Breads offered are a minimum of 51% Whole Grain.



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