

Elementary Lunch Menu

October 2018

Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Choice of: Mini Chicken Corn Dogs Or Beef Cheeseburger Macaroni</p> <p>Sweet Potato Fries Garlic Green Beans</p>	<p>2 Choice of: Popcorn Chicken Or Beef Hamburger on a Bun</p> <p>Whipped Potatoes Low Fat Poultry Gravy School Made Whole Grain Dinner Roll Sweet Green Peas</p>	<p>3 Choice of: Turkey Pepperoni or Cheese Pizza Or Teriyaki Chicken</p> <p>Seasoned Brown Rice Garlic Breadstick Stir Fry Vegetables</p>	<p>4 Choice of: Beef Walking Taco Or Chicken Walking Taco</p> <p>Bag of Chips Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings</p>	<p>5 Choice of: Italian Dunker Cheese Bread Or Beef Meatball Sub</p> <p>Oven Roasted Carrots Marinara Sauce School Made Cookie</p>
<p>8 Choice of: Chicken Nuggets Or Deli Sandwich</p> <p>Whipped Potatoes Low Fat Poultry Gravy School Made Whole Grain Dinner Roll Roasted Butternut Squash</p>	<p>9 Choice of: Brunch for Lunch Or Chicken Drumstick</p> <p>Corn Bread Muffin Turkey Sausage Oven Baked Tri Tators Potato Crunch Broccoli</p>	<p>10 Choice of: Chicken Patty on a Bun Or Beef Sloppy Joe on a Bun</p> <p>Oven Baked Twister Fries Roasted Brussel Sprouts</p>	<p>11 Choice of: Hot Turkey Ham & Cheese Sandwich Or Beef Rib-B-Que Sandwich</p> <p>School Made Chicken Soup Soy Sauce Roasted Cauliflower</p>	<p>12 Choice of: Beef Hotdog on a Bun Or Macaroni and Cheese</p> <p>Vegetarian Baked Beans Sliced Apples w/Cinnamon</p>
<p>15 Choice of: Mini Chicken Corn Dogs Or Beef Cheeseburger on a Bun</p> <p>Oven Baked Fries Vegetarian Calico Beans</p>	<p>16 Choice of: Pulled BBQ Pork Sandwich Or Mozzarella Cheese Sticks with Marinara Sauce</p> <p>Sweet Potato Fries Creamy Coleslaw</p>	<p>17 Choice of: Orange Chicken Or Turkey Pepperoni or Cheese Pizza</p> <p>Seasoned Brown Rice Warm Whole Grain Breadstick Stir Fry Vegetables</p>	<p>18 No School</p>	<p>19 No School</p>
<p>22 Choice of: Chicken Tenders Or Beef Meatballs</p> <p>Whipped Potatoes Low Fat Poultry Gravy School Made Whole Grain Dinner Roll Garlic Green Beans</p>	<p>23 Choice of: Brunch for Lunch Or Turkey Sandwich</p> <p>Turkey Sausage Oven Baked Tri Tators Oven Roasted Carrots</p>	<p>24 Choice of: Pasta with Beef Marinara Sauce Or Chicken Alfredo</p> <p>Warm Garlic Toast California Blend Vegetable</p>	<p>25 Choice of: Loaded Beef Burger Or Pizza</p> <p>Turkey Pepperoni or Cheese</p> <p>Coconut Curry Beans Creamy Coleslaw</p>	<p>26 Choice of: Beef Hotdog on a Bun Or Macaroni and Cheese</p> <p>Vegetarian Chili Buffalo Cauliflower</p>
<p>29 Choice of: Mini Chicken Corn Dogs Or Beef Cheeseburger Macaroni</p> <p>Sweet Potato Fries Garlic Green Beans</p>	<p>30 Choice of: Popcorn Chicken Or Beef Hamburger on a Bun</p> <p>Whipped Potatoes Low Fat Poultry Gravy School Made Whole Grain Dinner Roll Sweet Green Peas</p>	<p>31 Choice of: Turkey Pepperoni or Cheese Pizza Or Teriyaki Chicken</p> <p>Seasoned Brown Rice Whole Grain Breadstick Stir Fry Vegetables</p>	<div style="border: 2px solid black; padding: 5px; text-align: center;"> <p>Entrée Offered Daily: Salad Bar, Sunbutter or PB & J Sandwiches Sides Offered Daily: Fresh Fruit, Fruit Sauce, Fresh Vegetables,</p> </div> <p style="text-align: center;"><i>Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.</i></p>	

ELEMENTARY LUNCH PRICES

Student "Paid"\$ 2.55
 Student "Reduced"FREE
 Student "Free"FREE
 Milk.....\$.50

Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

All Grains/Breads offered are a minimum of 51% Whole Grain



* May contain Pork



May contain nuts or peanut butter



Any school made item could contain any of the above, please check with Kitchen Manager at site.

Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

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