





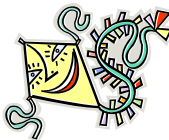



# ISD 279 OSSEO AREA SCHOOLS OALC LUNCH MENU MARCH 2010



Sliced Bread Offered Daily

Menu subject to change without notice.

Student "Paid" .....	\$2.20
Student "Reduced" .....	\$.40
Student Free" .....	FREE
Student's Second Lunch.....	\$2.50
Preschool Visiting Child.....	\$2.50
Adult .....	\$3.10
Milk.....	\$.50

MONDAY, MARCH 1	TUESDAY, MARCH 2	WEDNESDAY, MARCH 3	THURSDAY, MARCH 4	FRIDAY, MARCH 5
Cheese or Pepperoni Pizza Steamed Green Beans Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce School Made Dessert # Milk Choices 	"BRUNCH FOR LUNCH" 	Turkey~N~Gravy Whipped Potatoes Whole Kernel Corn School Made Wheat Dinner Roll Crisp Lettuce Salad Fresh Veggie Sticks Assorted Fruit Choices Milk Choices	Taco Salad/Tortilla Chips Garden Fresh Fixings Seasoned Brown Rice Blend Whole Kernel Corn Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	NUTRITION MANAGER CHOICE DAY 
MONDAY, MARCH 8 Hot Dog or Breaded Fish n a Wheat Bun Assorted Fixings Chili Oven Crisp Tri Tator Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	TUESDAY, MARCH 9 Orange or Popcorn Chicken Seasoned Brown Rice Blend Steamed Green Peas School Made Whole Wheat Dinner Roll Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	WEDNESDAY, MARCH 10 Hamburger or BBQ Chicken on a Wheat Hamburger Bun Cheese and Assorted Fixings Oven Crisp Waffle Cut Fries Baked Beans Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	THURSDAY, MARCH 11 Italian Dunker Cheese Bread Meat or Marinara Sauce Steamed Green Beans Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	FRIDAY, MARCH 12 NO SCHOOL MARK REPORTING 
MONDAY, MARCH 15 Choice of Breaded, Hot & Spicy or Regular Chicken Patty Wheat Hamburger Bun Oven Crisp French Fries Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	TUESDAY, MARCH 16 Popcorn Shrimp or Corn Dog Reduced Fat Macaroni & Cheese California Blend Vegetables Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	WEDNESDAY, MARCH 17 Breaded Chicken Strips Dipping Sauces Whipped Potatoes Low Fat Gravy Whole Kernel Corn Crisp Lettuce Salad Crisp Veggies with Dip School Made Wheat Dinner Roll Fresh Fruit or Fruit Sauce Milk Choices 	THURSDAY, MARCH 18 Taco, Hard or Soft Shell Garden Fresh Fixings Seasoned Brown Rice Blend Whole Kernel Corn Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	FRIDAY, MARCH 19 Teriyaki Chicken or Chicken Egg Roll Seasoned Brown Rice Blend Steamed Green Peas Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices
MONDAY, MARCH 22 Cheese or Pepperoni Pizza Steamed Green Beans Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce School Made Dessert # * Milk Choices 	TUESDAY, MARCH 23 "BRUNCH FOR LUNCH" 	WEDNESDAY, MARCH 24 Breaded Fish on a Wheat Bun Oven Crisp French Fries Whole Kernel Corn Crisp Lettuce Salad Crisp Veggies with Dip Fresh Fruit or Fruit Sauce Milk Choices	THURSDAY, MARCH 25 MEDITERRANEAN DAY Beef Gyro on Flatbread with Tzatziki Sauce Mediterranean Pasta Salad Honey Glazed Carrots Fresh Veggie Sticks Assorted Fruit Choices Milk Choices	FRIDAY, MARCH 26 NUTRITION MANAGER CHOICE DAY 

**Spring Break**  
March 29-April 2

\* May contain Pork   
 # May contain nuts or peanut butter   
 Any school made item could contain any of the above, please check with Kitchen Manager at site.  
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

In accordance with federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-8410 or call (202) 720-5964 (Voice and TDD). USDA is an equal opportunity provider and employer.

Free and Reduced Meal Applications may be picked up at any school within District 279 or the District Office.