

ISD 279 OSSEO AREA SCHOOLS ELEMENTARY LUNCH MENU FEBRUARY 2012

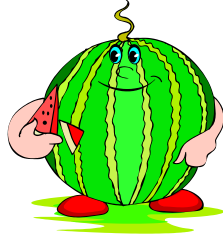


ELEMENTARY LUNCH PRICES

Elem. Student "Paid"	\$2.05
Student "Reduced"	\$.40
Student "Free"	FREE
Student's Second Lunch	\$2.60
Preschool Visiting Child	\$2.60
Adult	\$3.15
Milk	\$.50

FUN FOOD FACT

Early explorers used watermelon rinds as canteens to carry water.



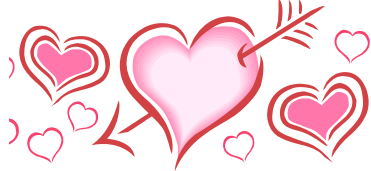
MONDAY, FEB. 6	TUESDAY, FEB. 7	WEDNESDAY, FEB. 8	THURSDAY, FEB. 9	FRIDAY, FEB. 10
Chicken Tenders Dipping Sauces Whipped Potatoes Low Fat Gravy Steamed Carrots School Made Whole Grain Rich Dinner Roll Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Hamburger on a Wheat Bun	Fish Sandwich On a Whole Grain Rich Bun Bean Salad Steamed Green Beans Bag of Baked Chips Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Breaded Chicken Patty on Fresh Wheat Bun	NUTRITION MANAGERS CHOICE DAY ALTERNATE: Cheese Pizza	Italian Dunker Whole Grain Blend Cheese Bread Meat or Meatless Sauce Romaine Blend Garden Salad with Choice of Low Fat Dressings Steamed Broccoli Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Sliced Turkey on Whole Grain Bread	Mandarin Orange Chicken Seasoned Brown Rice Seasoned Stir Fry Vegetable Whole Grain Rich Bread Stick Fresh Veggie Sticks Assorted Fruit Choices Milk Choice ALTERNATE: Yogurt Cup with String Cheese
MONDAY, FEB. 13	TUESDAY, FEB. 14	WEDNESDAY, FEB. 15	THURSDAY, FEB. 16	FRIDAY, FEB. 17
Low Fat Mini Corn Dogs Oven Crisp French Fries Steamed Green Beans Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Hamburger on a Wheat Bun	"BRUNCH FOR LUNCH" FEATURING *** STRAWBERRY SAUCE *** ALTERNATE: Breaded Chicken Patty on Fresh Wheat Bun	Turkey-N-Gravy Whipped Potatoes Steamed Carrots Whole Grain Rich Dinner Roll Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Cheese Pizza	Chicken Chow Mein Vegetable Egg Roll Seasoned Brown Rice Stir Fry Vegetables Fresh Veggie Sticks Assorted Fruit Choices Banana Bread Squares Milk Choices ALTERNATE: Sliced Turkey on Whole Grain Bread	NO SCHOOL CONFERENCE RELEASE DAY
MONDAY, FEB. 20	TUESDAY, FEB. 21	WEDNESDAY, FEB. 22	THURSDAY, FEB. 23	FRIDAY, FEB. 24
NO SCHOOL PRESIDENTS' DAY	Hot Turkey Ham & Cheese Whole Grain Sandwich School Made Soup Romaine Blend Garden Salad Sliced Beets Fresh Veggie Sticks Fruit and Sauce Choices Presidents' Cookie Milk Choices ALTERNATE: Breaded Chicken Patty on Fresh Wheat Bun	Spaghetti with Meat or Meatless Sauce Creamy Cole Slaw Steamed Green Beans School Made Whole Grain Rich French Bread Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Cheese Pizza	California Burger on a Whole Grain Rich Bun Garden Fresh Fixings Oven Crisp Fries California Blend Vegetables Vegetarian Baked Beans Fresh Veggie Sticks Fresh Fruit and Sauce Choices Milk Choices ALTERNATE: Sliced Turkey on Whole Grain Bread	Pizza—Cheese or Pepperoni Whole Kernel Corn Romaine Blend Garden Salad Fresh Veggie Sticks Fresh Fruit and Sauce Choices Milk Choices ALTERNATE: Yogurt Cup with String Cheese
MONDAY, FEB. 27	TUESDAY, FEB. 28	WEDNESDAY, FEB. 29	Free and Reduced Meal Applications available online: http://www.district279.org/parents/LunchMenus/ReducedMeals.cfm Or you may pick up an application at any school within District 279, the Enrollment Center, or the Educational Service Center.	
Chicken Tenders, Dipping Sauces Whipped Potatoes Low Fat Gravy Steamed Carrots Whole Grain Rich Dinner Roll Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Hamburger on a Wheat Bun	Sloppy Joe Whole Grain Rich Bun Oven Crisp Fries Whole Kernel Corn Bean Salad Sliced Dill Pickles Baked Potato Chips Fresh Veggie Sticks Assorted Fruit Choices Milk Choices ALTERNATE: Breaded Chicken Patty on Fresh Wheat Bun	NUTRITION MANAGERS CHOICE DAY ALTERNATE: Cheese Pizza		



Sliced Whole Grain Bread Offered Daily

Menu is subject to change without notice.

The nutrient analysis information is available on the District 279 website.
This information is based on the menu as written. Alternate menu choices may be available daily but are not included in the weekly menu analysis. For information regarding "Manager Choice" days please contact the Kitchen Manager at the school.



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Whole Grain Rich

* May contain Pork

May contain nuts or peanut butter

Any school made item could contain any of the above, please check with the Kitchen Manager at site if you have ingredient questions

Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.