

OALC and OEC Lunch Menu

March 2018

Menu subject to change without notice.

LUNCH PRICES

Elem. Student "Paid"\$ 2.85
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk.....\$.50

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| | | | 1 Beef or Chicken Taco OR Cheese Pizza OR Salad/ Sandwich Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings | 2 Mini Corn Dogs OR Fish Sandwich OR Salad/ Sandwich Oven Baked Tri Tators Roasted Broccoli Ice Cream Treat # |
| 5 Chicken Tenders OR Fish Nuggets OR Salad/ Sandwich Whipped Potatoes Low Fat Gravy School Made Dinner Roll Sweet Peas | 6 Asian Chicken OR Hot Turkey Ham and Cheese Sandwich OR Salad/ Sandwich Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables | 7 Italian Dunkers OR Corn Dog OR Salad/ Sandwich Parmesan Cauliflower w/ Soy Sauce Romaine Lettuce Salad | 8 Beef or Chicken Taco Salad OR Cheese Pizza OR Salad/ Sandwich Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings | 9 |
| 12 Chicken Patty on a Bun OR Corn Dog OR Salad/ Sandwich Potato Crunch Broccoli Scalloped Potatoes | 13 Brunch for Lunch OR Hot Turkey Ham and Cheese OR Salad/ Sandwich Oven Baked Tri Tators <i>Vegetable of the Month: Roasted Carrots</i> | 14 Popcorn Chicken Or Shrimp Poppers OR Macaroni and Cheese OR Salad/ Sandwich Garlic Breadstick Savory Green Beans and Onions | 15 Beef or Chicken Taco OR Cheese Pizza OR Salad/ Sandwich Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings | 16 Grilled Chicken Sandwich OR Fish Sandwich OR Salad/ Sandwich Oven Baked Fries Roasted Brussels Sprouts School Made Cookie # |
| 19 Chicken Tender Wrap OR Beef Rib-B-Que OR Salad/ Sandwich Sweet Potato Fries Roasted Cauliflower | 20 Asian Chicken OR Shredded Pork * OR Salad/ Sandwich Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables Sweet Green Peas | 21 Deli Sandwich OR Meatball Sub w/ Marinara OR Salad/ Sandwich Vegetarian Baked Beans Roasted Broccoli Fresh Fixings of Romaine, Tomatoes, Onion, Pickles | 22 Beef or Chicken Taco Salad OR Grilled Chicken Sandwich OR Salad/ Sandwich Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings | 23 Philly Beef Sandwich OR Cheese Pizza OR Salad/ Sandwich Roasted Peppers and Onions Queso Cheese Sauce Sweet Potato Fries |



Offered Daily on all Serving Lines:
 Fresh Vegetable Sticks
 Fresh Fruit and Fruit Sauce
 Milk Choice

All Grains/Breads offered are a minimum of 51% Whole Grain.



Free and Reduced Meal Applications available online at
www.district279.org/fma
OR
may be picked up at any school within District 279 or the District

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*May contain Pork 
 #May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts,

Vegetable of the Month: Chef Jojo's East African inspired Roasted Carrots

