

Middle School Lunch Menu

March 2018



Menu subject to change without notice.

LUNCH PRICES

Elem. Student "Paid"\$ 2.70
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk.....\$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey-N-Gravy OR Beef Meatballs Whipped Potatoes Low Fat Gravy Sweet Peas Warm School Made Dinner Roll	2 Mandarin Orange Chicken OR Cheese Pizza Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Romaine Vegetable Salad
5 Chicken Patty on a Bun OR Hamburger on a Bun Sweet Potato Fries Roasted Cauliflower Fresh Sandwich Fixings of Lettuce, Tomato, Onion and Pickles	6 Mini Corn Dogs OR Pizza School Made Soup Roasted Squash Potato Crunch Broccoli	7 Chicken Tenders OR Individual Pizza Whipped Potatoes Low fat Gravy School Made Dinner Roll Mint Sweet Peas	8 Beef Walking Tacos Bag of Chips or Soft Tortilla Seasoned Brown Rice Fresh Fixings of Romaine Lettuce, Diced Tomatoes, Diced Onion and Jalapeno Peppers Whole Kernel Corn Zesty Refried Beans	9 No School Today
12 Sweet and Sour Chicken OR Sichuan Chicken Seasoned Brown Rice Warm Garlic Breadstick Stir Fry Vegetables Romaine Vegetable Salad	13 Spaghetti w/ Meat Sauce OR Chicken Parmesan Spaghetti Noodles Warm French Bread Slice Roasted Brussels Sprouts California Blend Vegetables	14 Philly Beef Sandwich OR Turkey Pretzel Sandwich Roasted Peppers and Onions Queso Cheese Sauce Vegetarian Baked Beans Sweet Potato Fries School Made Cookie#	15 Italian Dunkers OR Spicy Chicken Patty Roasted Parmesan Cauliflower Roasted Squash Romaine Vegetable Salad	16 Stuffed Crust Pizza OR Fish Tacos Soft Tortilla Shell Savory Green Beans and Onions Black Bean Salad Fresh Creamy Coleslaw
19 Hamburger on a Bun OR Fish Patty on a Bun Oven Baked Twister Fries Candied Sweet Potatoes Fresh Sandwich Fixings of Lettuce, Tomato, Onion and Pickles	20 French Toast Sticks w/ Sausage OR Corn Dog Oven Baked Tri Tators <i>Vegetable of the Month:</i> Roasted Carrots Warm Apple Crisp	21 Chicken or Shredded Pork* Fajitas Soft Tortilla Roasted Peppers and Onions Seasoned Brown Rice Shredded Cheese Romaine Lettuce Black Beans Whole Kernel Corn	22 Toasted Cheese Sandwich OR Grilled Chicken Sandwich Creamy Tomato Soup Cucumber Salad Roasted Broccoli	23 Chicken Tenders OR Individual Cheese Pizza Whipped Potatoes Low Fat Gravy School Made Dinner Roll California Blend Vegetables

Offered Daily on all Serving Lines:
 Fresh Vegetable Sticks
 Fresh Fruit and Fruit Sauce
 Milk Choice

*May contain Pork 
 # May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk,

All Grains/Breads offered are a minimum of 51% Whole Grain.



Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

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Vegetable of the Month: Chef Jojo's East African inspired Roasted Carrots

