

Elementary Lunch Menu

October 2017

All Schools offer a Peanut Butter and / or Sunflower Seed butter (Sun Butter) sandwich



LUNCH PRICES

Elem. Student "Paid"\$ 2.55
 Student "Reduced"FREE
 Student "Free".....FREE
 Milk..... \$.50

Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Hamburger Mini Corn Dogs Salad Bar</p> <p>Sweet Potato Fries Garlic Green Beans</p>	<p>3 Popcorn Chicken Cheeseburger Macaroni Salad Bar</p> <p>Whipped Potatoes Low Fat Gravy School Made Dinner Roll Sweet Green Peas</p>	<p>4 Pizza Teriyaki Chicken Salad Bar</p> <p>Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables School Made Cookie</p>	<p>5 Walking Beef Tacos Chicken Fajitas Salad Bar</p> <p>Roasted Pepper and Onions Refried Beans Seasoned Rice Shredded Romaine Diced Tomato and Onions</p>	<p>6 Italian Dunker Cheese Bread Beef Meatball Sub Salad Bar</p> <p>Marinara Sauce Roasted Carrots</p>
<p>9 Mandarin Orange Chicken Pizza Salad Bar</p> <p>Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables</p>	<p>10 Brunch for Lunch Turkey Sandwich Salad Bar</p> <p>Oven Baked Tri Tators Roasted Carrots School Made Warm Apple Crisp</p>	<p>11 Beef Sloppy Joes on a Bun Chicken Patty on a Bun Salad Bar</p> <p>Oven Baked Twister Fries <i>Vegetable of the Month: Roasted Brussels Sprouts</i></p>	<p>12 Toasted Cheese Sandwich Beef Rib-B-Que Salad Bar</p> <p>Creamy Tomato Soup Roasted Squash</p>	<p>13 Beef Hot Dog on a Bun Macaroni and Cheese Salad Bar</p> <p>Vegetarian Baked Beans</p>
<p>16 Mini Corn Dogs Cheeseburger on a Bun Salad Bar</p> <p>Oven Baked French Fries Black Bean Salad</p>	<p>17 Chicken Nuggets Deli Sandwich Salad Bar</p> <p>School Made Dinner Roll Whipped Potatoes Low Fat Gravy</p>	<p>18 Lasagna Pizza Salad Bar</p> <p>Roasted Squash</p>	<p>19 No School Today</p>	<p>20 No School Today</p>
<p>23 Chicken Tenders Beef Meatballs Salad Bar</p> <p>School Made Dinner Roll Whipped Potatoes Low Fat Gravy</p>	<p>24 Cheese Filled Breadsticks Brunch for Lunch Salad Bar</p> <p>Oven Baked Tri Tators Roasted Carrots</p>	<p>25 Pasta w/ Meat Sauce Chicken Alfredo Salad Bar</p> <p>Garlic Green Beans</p>	<p>26 Pizza Chicken Drumstick Salad Bar</p> <p>Spanish Roasted Cauliflower</p>	<p>27 Beef Hot Dog on a Bun Pulled Pork on a Bun # Salad Bar</p> <p>Vegetarian Baked Beans</p>
<p>30 No School Today</p>	<p>31 Pizza Teriyaki Chicken Salad Bar</p> <p>Seasoned Brown Rice Garlic Breadstick Stir Fry Vegetables</p>	<p>Vegetable of the Month: Brussels Sprouts Did You Know: Brussels Sprouts used to be considered a gourmet vegetable and would be served as a treat with dinner.</p>		

Offered Daily on all Serving Lines:
 Fresh Vegetable Sticks
 Fresh Fruit and Fruit Sauce
 Milk Choice

*May contain Pork 
 #May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other

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Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

