

Oak View Elementary



Building A Community with Character

For the months of November and December students will be discussing the importance of being **assertive** both in and out of school. Students who show assertive behavior stand up for themselves in a calm and polite way. One way students can be assertive with others is by using an "I Message." An "I message" is when you tell others how you feel, why you feel that way and what you would like to see happen. For example, a student could say calmly, "I feel upset when you don't include me in that activity; I want to be included like the others."

School discussions will be centered on how assertion looks, sounds, feels and why it is beneficial for us to use in our lives. At home, please discuss with your child/children the ways all of you show assertive behavior each day. Take a moment to write down these ideas in the space provided below. This section will be posted on our Character Education bulletin board. Thank you for taking the time to discuss the importance of having strong character.



Our family asserts itself by...

Return this bottom portion to your child's teacher.

The teacher will pass it on to Dave Warner, School Counselor.