

PHYSICAL EDUCATION GOALS:

- Demonstrates competency in motor skills and movement patterns needed to perform a variety of Physical activities.
- Demonstrates understanding of movement concepts, principals, strategies as they apply to the learning and performance of physical activities.
- Achieves and maintains a health enhancing level of physical fitness.
- Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.
- Participates regularly in physical activities.
- Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

PARTICIPATION EXPECTATIONS:

1. Participation is necessary to meet all physical education outcomes.
2. Students must wear **appropriate tennis shoes** for safe participation. Tennis shoes with laces must be tied appropriately. Some examples of inappropriate shoes include: Heely's, sandals, boots and skater shoes.
3. Students are only excused from participating in activities with a doctor's note or a note from home.

Consequences for inappropriate shoes:

- First offense – no participation in phy-ed activities on that day.
- Second offense - no participation in phy-ed activities on that day & phone call home to parents.
- Third offense – Behavior slip

PHYSICAL EDUCATION EXPECTATIONS:

1. Enter and exit the gym quickly and quietly.
2. Listen and follow directions.
3. Be Respectful of others.
4. Participate and have fun.

PHYSICAL EDUCATION CONSEQUENCES:

1. Verbal Warning
2. Safety Break (Time-out) along side of gym.
 - During the Safety Break, A Phy Ed "Think Sheet" will be filled out by the student and brought home to be signed by parent/guardian and returned.
3. Student is given a behavior slip with their third Think Sheet and will be expected to serve detention.