



3rd Grade Soccer Review

1. **Dribbling** – is moving the ball with a series of taps & pushes using the inside or outside of foot.
2. When dribbling a soccer ball, you should keep the ball in control.
3. **Trapping** – using the bottom of your foot to gain control or stop the soccer ball.
4. **Passing** – using the inside/outside of your foot to advance the ball to another player on your team.
5. **Throw- in:** Used to bring the soccer ball back into play if the other team kicks the ball out of bounds. Position both hands on side of ball and bring above the head. Step and release ball with both feet remaining in contact with the ground.
6. A foul is called if a person is demonstrating unsafe behavior or touches the ball with their hands.
EXAMPLES of unsafe behavior are:
 - Pushing, kicking, tripping, and unnecessary roughness.
7. The team that has control of the ball is called the **OFFENSE**. The team trying to take away the ball or prevent a goal is called the **DEFENSE**.
8. Only the **GOALIE** may touch the ball with his or her hands.
8. A goal is worth 1 point in soccer.
9. Goalie position - in front of the goal line to prevent defense from scoring a goal.
10. Midfielders are the only players that can cross the mid-line of the soccer field. Their role is to score goals for the team.
11. Defenders help protect the goal. Cannot cross the mid-line of the soccer field.
12. Forwards help to get the soccer ball across the mid-line to assist the midfielders in attacking on the goal. Cannot cross the mid-line.

