



# October 2009



## Kidstop Snack Menu

| Sun | Mon   | Tue  | Wed   | Thu  | Fri   | Sat |
|-----|---|--|---|--|---|-----|
|     |   |  |   | 1<br><i>Cheez-its</i><br><br><i>Fruit</i>                    | 2<br><i>Breadsticks &amp; Sauce</i><br><br><i>Fruit</i> | 3   |
| 4   | 5<br><i>Vanilla Wafers</i><br><i>Fruit</i>              | 6<br><i>Animal Crackers</i><br><i>Peaches</i>      | 7<br><i>Yogurt</i><br><br><i>Bug Bites</i>                | 8<br><i>Rice Krispie Bars</i><br><i>Pears</i>                | 9<br><i>Fish Crackers</i><br><br><i>Apples</i>          | 10  |
| 11  | 12<br><i>Cheese &amp; Crackers</i><br><i>Applesauce</i> | 13<br><i>Carrots &amp; Dip</i><br><br><i>Fruit</i> | 14<br><i>Pudding</i><br><br><i>Teddy Grahams</i>          | 15<br><i>Beef Sticks &amp; String Cheese</i><br><i>Fruit</i> | 16<br><i>Kidstop Closed</i>                             | 17  |
| 18  | 19<br><i>Sun Chips</i><br><br><i>Fruit</i>              | 20<br><i>Popcorn</i><br><br><i>Apples</i>          | 21<br><i>Cereal</i><br><br><i>Pears</i>                   | 22<br><i>Granola Bars</i><br><br><i>Fruit</i>                | 23<br><i>Bagels &amp; Cream Cheese</i><br><i>Fruit</i>  | 24  |
| 25  | 26<br><i>Leftovers</i>                                  | 27<br><i>Baked Doritos</i><br><br><i>Peaches</i>   | 28<br><i>String Cheese &amp; Crackers</i><br><i>Fruit</i> | 29<br><i>Nutrigrain Bars</i><br><br><i>Fruit</i>             | <i>Fall Treat (Apples &amp; Caramel)</i>                | 31  |