

COUNSELOR'S CORNER

Last month 6th graders had two lessons with me dealing with all forms of harassment and how to report repeated bullying or harassment. A letter was also sent home warning of the dangers of cyber bullying. Parents need to know who your kids are talking to online. Unfortunately, the internet has changed how sexual predators gain access to kids and teens posing as a person their age. Please encourage your child to report unknown contacts.

The Tip Line for reporting harassment anonymously is:

District 279 Tip Line # 763-391-8660/ Parent Public Service Announcement on District Website and Cable channel 21.

Keep those lines of communication open and know where and who your children are with at all times. Taking time to listen empathically can pay dividends the busier we get during this time of year. Problem solve with your child, letting them take the lead when brainstorming solutions. Then try writing down the suggested solutions. Role play the problem and possible solution for each choice. Modeling the right way to do things is important. This mode of self-discovery will help your child feel in control of the problem, solution and his or her emotional state. Discussing logical consequences for each possible solution is also important.

I am continuing to meet with some individuals and small groups of children based on referrals from classroom teachers and our Principal and Assistant Principal.

Please call the school office Monday through Friday if you would like to speak to me or email droegemuellerk@district279.org
I'll get back to you as soon as I can.

Karen Droegemueller
Counselor

