

## RHYTHMS STUDY GUIDE



### **Line Dances:**

**\*\*\*Electric Slide-** Grapevine right heel, grapevine left heel. ( **5<sup>th</sup> and 6<sup>th</sup> grade**)

**\*\*\*Boot Scoot Boogie-** Grapevine to the right brush, grapevine to the left brush, Rock forward, rock back. (**5<sup>th</sup> and 6<sup>th</sup> grade**)

**\*\*\*Cha Cha Slide-** Stomp right, Stomp left ( **5<sup>th</sup> and 6<sup>th</sup> grade**)

**\*\*\*Funky Travolta-** Step turn step clap. (**5<sup>th</sup> grade**)

**\*\*\*South side Shuffle-** fan in, fan out, heel heel, toe toe, heel, toe side touch (**6<sup>th</sup> grade**)

### **Social Dance:**

**Polka-** Step together step hop (**6<sup>th</sup> grade**)

**Lindy-** Step, Step, Rock back (**6<sup>th</sup> grade**)

**2 Step-** Step together step close, step together step close (**5<sup>th</sup> grade**)

**Buggy Schottische-** 1,2,3,hop, 1,2,3 hop, step hop, step hop, step hop, step hop (**5<sup>th</sup> grade**)

### **FUN FACTS ABOUT DANCE:**

- To promenade counterclockwise with a partner is to move to the right on a circle
- Grapevines are popular steps in line dances
- The 2 step is usually associated with country western music
- The buggy schottische is considered an international dance
- Electric Slide was first introduced and danced to Electric Boogie in 1989 and throughout the 1990's and is still popular today.
- The polka step has origins in the history of Minnesota.