

## Flag Football Terms

**Quarterback**- Position that calls plays; can pass or hand off the ball.

**Running back**- Position that takes a hand-off and runs with the ball.

**Center**- Position that hikes the ball.

**Blocker**- Position that protects the quarterback.

**Receiver**- Position that runs a pattern and catches a pass.

**Touchdown**- Entering the end zone for a score of 6 points.

**Downs**- Each time a play occurs from the line of scrimmage. (4 of those in our games).

**Huddle**- Gathering as an offense or defense in a circle to form a play.

**Fumble**- When the ball is dropped by a player during the play.

**Goal line**- Line in which the ball must cross in order for a touch down to occur.

**Conversion**- Extra play led by the offense following a touchdown to try and gain extra points. 2pts. for a completed pass, 1 pt. for a run into the end zone.

**End Zone**- Area in which the ball may be passed into or ran into to score a touchdown.

**Line of Scrimmage**- Place which the ball was last fielded after a play. The next down starts from this spot.

**Offense**- These positions are trying to score a touchdown.

**Defense**- These positions are trying to prevent the opponents from scoring a touchdown.

**Kick-off**- Occurs at the start of the game and at the half. A kick-off also takes place by the team who last scored a touchdown, (a **punt** in our games)

### **Pass Patterns:**



